

## MORICHES COMMUNITY CENTER PEER LEADERSHIP

For Youth in Grades 5 - 8
Mondays 7-8pm starting Nov. 8, 2021
At Moriches Community Center
313 Frowein Rd. Center Moriches, NY

Students struggle every day with issues such as bullying, harassment, peer pressures, and social insecurities. In 2005, Anthony Parlato and Lisa Sanders began Peer Leadership to guide a team of middle school age students with leadership qualities and empower them to create a more positive peer climate.

Sixteen years later, the program continues under the guidance of Jordan Sanders, an original peer leader, and several CMHS student peer leaders, with a curriculum focusing on the current needs of middle schoolers. The facilitators stress confidentiality, guide the youth in role playing and discussions, and offer advice regarding seeking help from school staff and others for specific issues.

## **DISCUSSION TOPICS MAY INCLUDE:**

LEADERSHIP \*\*\* COMMUNITY SERVICE \*\*\* TEAMWORK \*\*\* SELF ESTEEM
RESPECT FOR OTHERS \*\*\* SELF RESPECT \*\*\* GOAL SETTING \*\*\* MOTIVATION
PERSEVERENCE \*\*\* SELF ADVOCACY/MANAGEMENT \*\*\* PEER PRESSURE
TIME MANAGEMENT \*\*\* REGULATING EMOTIONS \*\*\* ACADEMIC PRESSURES
PARENTS/FRIENDS/FAMILY \*\*\* CONFLICT RESOLUTION \*\*\* COMMUNICATION
REJECTION/EMBARASSMENT \*\*\* DRAMA/RUMORS \*\*\* SOCIAL/NEWS MEDIA
ALCOHOL/E-CIGARETTES/DRUGS \*\*\* BODY IMAGE \*\*\* ROLES/EXPECTATIONS
RACE/RELIGION/GENDER/INTELLECTUAL DIFFERENCES

For more information, email info@morichescommunitycenter.org